

# Sports

The Specialist High Skills Major (SHSM) program in Sports gives students an opportunity to specialize, gain qualifications, and plan a career pathway in various areas of the Sports sector while still in high school. The SHSM Program has a number of required components, designed to give students opportunities to gain knowledge in order to pursue post-secondary opportunities in each of the identified sectors, valuing apprenticeship, college, community, university and the workplace.

The Sports sector offers a range of careers in performance, training and treatment, recreation and support and business and media entertainment such as: broadcaster, recreation facility manager, sports journalist, fitness director, event planner, sports agent, marketing/communications manager, kinesiologist, teacher, athletic therapist, nutritionist, sports author, sports photographer/videographer, sports psychologist, sports public relations, athlete, coach and many more.

## Course Package

Each SHSM program offers students a bundle of 8-10 regular Ontario Secondary school courses that been selected as the most relevant courses to take to prepare students for a career in that sector. *As students work towards their OSSD, they are focusing their education and learning relevant skills through sector-recognized certification and training programs and experiences for a multitude of post-secondary programs* in the Sports sector.

### The bundle includes:

- **4 major credits** in Sports in grade 11 and 12.
- **Supporting Credits**, which include Contextualized Learning Activities (CLAs).
  - ❖ 1 Grade 12 English credit
  - ❖ 1 Grade 11 or 12 Mathematics credit
  - ❖ 1 grade 11 or 12 Science, Business studies, Social Science or Humanities
  - ❖ 2 Cooperative Education credits to experience a career in the Sports sector

### Approved Major Credits (Minimum of 4):

- ✓ Dance (ATC 3O/3M, ATC 4M)
- ✓ Photography (AWQ 3O/3M, 4M)
- ✓ Communications Technology (TGJ 3M/TGJ 4O/4M)
- ✓ Communications Technology-TV/VIDEO (TGV 3M/4M)
- ✓ Communications Technology-Yearbook (TGG3M/4M)
- ✓ Introduction to Computer Science (ICS 3C/3U, ICS 4C/4U)
- ✓ Financial Accounting (BAF3M, BAT4M)
- ✓ Marketing: Goods, Services, Events (BMI3C)
- ✓ Business Leadership (BOH4M)
- ✓ Understanding Canadian Law (CLU3M)
- ✓ Canadian and International Law (CLN4U)
- ✓ Writer's Craft (EWC4U)
- ✓ Raising Healthy Children (HPC3O)
- ✓ Working with School Aged Children (HPD4C)
- ✓ Families in Canada (HHS 4U)
- ✓ Personal Fitness (PAF3O/4O)
- ✓ Large Group Activities (PAL3O/4O)
- ✓ Healthy Active Living (PPL3O)

- ✓ Recreation and Healthy Active Living (PLF4M)
- ✓ Kinesiology (PSK4U)
- ✓ Biology (SBI3C/3U, SBI4U)
- ✓ Chemistry (SCH3U, SCH4C/4U)
- ✓ Physics (SPH3U, SPH4C/4U)
- ✓ Healthcare (TPJ3C/3M/4C/4M)

### Approved Supporting Credits:

- ✓ English (ENG 4E/4C/4U)
- ✓ World Religion (HRE 3O, HRT 3M)
- ✓ Entrepreneurship the Venture (BDI 3C)
- ✓ Marketing: Goods, Services, Events (BMI 3C)
- ✓ Financial Accounting Principles (BAT 4M)
- ✓ International Business (BBB 4M)
- ✓ Entrepreneurship Studies-Venture Panning in an Electronic Age (BDV 4C)
- ✓ Entrepreneurship: The Enterprising Person (BDP3O)
- ✓ Business Leadership Management Fundamentals (BOH 4M)
- ✓ Understanding Canadian Law (CLU 3M)

**Approved Supporting Credits Continued:**

- ✓ Canadian and International Law (CLN 4U)
- ✓ Challenge and Change (HSB 4U)
- ✓ Learning Strategies (GLE 3O/4O)
- ✓ Literacy Course (OLC 4O)
- ✓ Writer's Craft (EWC4U)
- ✓ Foundations for College Mathematics (MBF3C)
- ✓ Functions and Applications (MCF3M)
- ✓ Functions and Relations (MCR3U)
- ✓ Advanced Functions (MHF4U)
- ✓ Calculus and Vectors (MCV4U)
- ✓ Data Management (MDM4U)
- ✓ Mathematics for Work and Everyday Life (MEL3E/4E)
- ✓ Cooperative Education

**Arts and Culture Requirement Checklist by Pathway**

<b>Credits</b>	<b>Apprenticeship Pathway Grades 11-12</b>	<b>College Pathway Grades 11-12</b>	<b>University Pathway Grades 11-12</b>	<b>Workplace Pathway Grades 11-12</b>
<b>Major Credit</b> One credit may be substituted with a cooperative education credit (additional to the 2 required co-op credits)	<b>4</b> Including at least one Gr.11 and one Gr.12 credit	<b>4</b> Including at least one Gr.11 and one Gr.12 credit	<b>4</b> Including at least one Gr.11 and one Gr.12 credit	<b>4</b> Including at least one Gr.11 and one Gr.12 credit
<b>English</b> including a CLA	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>
<b>Math</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>
<b>Business Studies or Science, Social Studies, Humanities</b> including a CLA	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>
<b>Cooperative Education</b>	<b>2</b>	<b>2</b>	<b>2</b>	<b>2</b>
<b>Total Number of Credits</b>	<b>8</b>	<b>8</b>	<b>8</b>	<b>8</b>

\*Additional Co-op credits can substitute for a Major and/or Other credit.

**Sector-recognized Certifications/Training Courses/Programs**

<b>Three Compulsory</b>			
CPR	Standard First Aid	Workplace Hazardous Materials Information System (WHIMS) – general	
<b>Three Electives from the list below</b>			
Advanced training in a technique (i.e. fundamental skills in sport, spinning)	Coaching - performance	Coaching - theory	Communication Skills
Concussion awareness	Conflict Resolution	Customer Service	Event Coordination
Equity and inclusion	Ergonomics	Event Coordination	Innovation, Creativity and Entrepreneurship (ICE)
High Five	Group Dynamics	Sport Program Design	Health and Safety - basic
Officiating	Personal Training	Incident Management	Life-saving (Bronze Cross)
Leadership Skills	Wrapping and Taping for Performance and injury	Sport Nutrition	Portfolio Development
Sector-specific Software 1 (i.e. animation, graphic arts)	Sector-specific Software 2 (i.e. photography)	Project Management	Wilderness First Aid
Wilderness Survival	Sports team trainer certification	Sport program design	Health and Safety - basic
Incident Management			

\*Many Certifications and Training are completed within regular school course curriculum.

